

2026 TIMETABLE

2026 PERFORMANCE SQUADS

MONDAY

4:00PM - 7:30PM
8YRS SQUAD CLASSES

4:00-8:30PM
14YRS SQUAD CLASSES

4:00-8:00PM
16YRS SQUAD CLASSES

6:00-8:45PM
OPENS SQUAD CLASSES

6:30-7:15PM
INTER ELITE SQUAD

TUESDAY

4:00PM - 7:30PM
10YRS SQUAD CLASSES

4:45-7:45PM
12YRS SQUAD CLASSES

7:30-8:15PM
JUNIOR ELITE SQUAD

WEDNESDAY

7:00-7:45PM
JUNIOR ELITE SQUAD

6:45-7:30PM
INTER ELITE SQUAD

THURSDAY

4:00-6:30PM
8YRS SQUAD CLASSES

4:00-7:15PM
10YRS SQUAD CLASSES

4:00-7:15PM
12YRS SQUAD CLASSES

5:15-8:45PM
14YRS SQUAD CLASSES

5:15-8:30PM
16YRS SQUAD CLASSES

6:30-9:00PM
OPENS SQUAD CLASSES

7:15-7:45PM
SQUAD CHEER & POM (AGES 8-12)

SATURDAY

9:45-10:30AM
5-6YRS SQUAD CLASS

5-6YRS SQUAD

CHEER & POM

8YRS SQUAD

12YRS SQUAD

16YRS SQUAD

JNR ELITE SQUAD

10YRS SQUAD

14YRS SQUAD

OPENS SQUAD

INTER ELITE SQUAD

THERE ARE DINNER BREAKS FOR SQUADS ON THEIR LONGER NIGHTS

