

PRE-SCHOOL (MON-WED)

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

MONDAY

9:00AM

LITTLE NINJAS

9:45AM

MINI MOVERS & GROOVER'S

10:30AM

MINI MOVERS & GROOVER'S ACRO



TUESDAY

9:00AM

TINY GROOVER'S

9:45AM

LITTLE NINJAS

10:30AM

MINI MOVERS & GROOVER'S ACRO

11:15AM

PRE-SCHOOL TAP (ADD ON)

PM

3:30PM

MINI MOVERS & GROOVER'S ACRO

4:00PM

MINI MOVERS & GROOVER'S

9:15AM

PRE-SCHOOL HIP HOP

9:45AM

MINI MOVERS & GROOVER'S



WEDNESDAY

9:00AM

LITTLE NINJAS

9:45AM

MINI MOVERS & GROOVER'S

10:30AM

MINI MOVERS & GROOVER'S ACRO

11:15AM

PRE-SCHOOL TAP (ADD ON)

TINY GROOVERS = MUMS & BUBS
 MINI MOVERS & GROOVERS = DROP & GO
 MINI MOVERS & GROOVERS ACRO = DROP & GO
 LITTLE NINJAS = BOYS ONLY & DROP & GO
 PRE-SCHOOL HIP HOP = DROP & GO
 PRE-SCHOOL TAP = 15 MINUTE ADD ON & DROP & GO



2026 TIMETABLE

PRE-SCHOOL (THUR-SAT)

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

THURSDAY

9:00AM

TINY GROOVER'S

9:45AM

LITTLE NINJAS

10:30AM

MINI MOVERS & GROOVER'S ACRO

11:15AM

PRE-SCHOOL TAP (ADD ON)

PM

3:30PM

MINI MOVERS & GROOVER'S ACRO

4:00PM

MINI MOVERS & GROOVER'S

FRIDAY

9:00AM

TINY GROOVER'S

9:45AM

LITTLE NINJAS

10:30AM

MINI MOVERS & GROOVER'S ACRO

11:15AM

PRE-SCHOOL TAP (ADD ON)

SATURDAY

8:30AM

PRE-SCHOOL HIP HOP

9:00AM

MINI MOVERS & GROOVER'S

9:00AM

LITTLE NINJAS

9:45AM

MINI MOVERS & GROOVER'S ACRO

10:30AM

PRE-SCHOOL TAP (ADD ON)



TINY GROOVERS = MUMS & BUBS
 MINI MOVERS & GROOVERS = DROP & GO
 MINI MOVERS & GROOVERS ACRO = DROP & GO
 LITTLE NINJAS = BOYS ONLY & DROP & GO
 PRE-SCHOOL HIP HOP = DROP & GO
 PRE-SCHOOL TAP = 15 MINUTE ADD ON & DROP & GO



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KINDERGARTEN

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

MONDAY

4:00PM

JAZZ & ACRO COMBO CLASS

5:00PM

LYRICAL

5:30PM

K-3 TAP

TUESDAY

4:00PM

K-3 MUSICAL THEATRE

4:45PM

K-3 ACROBATICS

5:45PM

K-3 CHEER & POM

WEDNESDAY

4:00PM

BALLET

4:45PM

JAZZ

5:30PM

HIP HOP

6:00PM

SINGING (AGES 6 & UP)

SATURDAY

8:30AM

K-3 HIP HOP

9:00AM

K-3 BALLET

9:45AM

K-3 JAZZ

10:30AM

K-3 ACROBATICS

11:15AM

K-3 TAP



GRADES 1 & 2

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

TUESDAY

4:00PM

K-3 MUSICAL THEATRE

4:45PM

K-3 ACROBATICS

5:45PM

K-3 CHEER & POM

WEDNESDAY

4:00PM

GR 1-2 BALLET

4:45PM

GR 1-2 JAZZ

5:30PM

GR 1-2 HIP HOP

6:15PM

GR 1-2 LYRICAL

FRIDAY

4:00PM

GR 1-2 ACROBATICS

SATURDAY

8:30AM

K-3 HIP HOP

9:00AM

K-3 BALLET

9:45AM

K-3 JAZZ

10:30AM

K-3 ACROBATICS

11:15AM

K-3 TAP

6:00PM

SINGING (AGES 6 & UP)



2026 TIMETABLE

GRADES 3 & 4

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

TUESDAY

4:00PM

K-3 MUSICAL THEATRE

4:45PM

K-3 ACROBATICS

5:45PM

K-3 CHEER & POM

TUESDAY

4:00PM

GR 4-6 CHEER & POM

4:45PM

GR 4-6 MUSICAL THEATRE

5:30PM

GR 4-6 HIP HOP

6:15PM

GR 4-6 TAP

WEDNESDAY

4:00PM

GR 3-4 ACROBATICS

4:45PM

GR 3-4 HIP HOP

5:30PM

GR 3-4 JAZZ

6:15PM

GR 3-4 BALLET

7:00PM

GR 3-4 LYRICAL

FRIDAY

4:45PM

GR 3-4 ACROBATICS

6:00PM

SINGING (AGES 6 & UP)



GRADES 5 & 6

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

TUESDAY

4:00PM

GR 4-6 CHEER & POM

4:45PM

GR 4-6 MUSICAL THEATRE

5:30PM

GR 4-6 HIP HOP

6:15PM

GR 4-6 TAP

WEDNESDAY

4:00PM

GR 5-6 MUSICAL THEATRE

4:45PM

GR 5-6 ACROBATICS

5:30PM

GR 5-6 BALLET

6:15PM

GR 5-6 JAZZ

7:00PM

GR 5-6 HIP HOP

7:30PM

GR 5-6 LYRICAL

6:00PM

SINGING (AGES 6 & UP)

7:30PM

GR 4-6 TAP

FRIDAY

5:30PM

GR 5-6 ACROBATICS



Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

TUESDAY

6:15PM

TECH & ACROBATICS

7:00PM

JAZZ/MUSICAL THEATRE

7:30PM

LYRICAL/CONTEMP

WEDNESDAY

7:30PM

BALLET

7:30PM

HIP HOP



POST GRAD & ADULTS CLASSES

MONDAY

7:30PM

POST GRAD OPEN CLASS

TUESDAY

6:15PM

ADULTS TAP CLASS

6:45PM

ADULTS JAZZ CLASS

7:45PM

ADULTS STRETCH CLASS

THURSDAY

7:45PM

POST GRAD OPEN CLASS



GRADES K-3

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

MONDAY

5:30PM
TAP

TUESDAY

4:00PM
MUSICAL THEATRE

4:45PM
ACROBATICS

5:30PM
CHEER & POM

THURSDAY

4:30PM
BOYS ONLY COMBO CLASS

SATURDAY

8:30AM
HIP HOP

9:00AM
BALLET

9:45AM
JAZZ

10:30AM
ACROBATICS

11:15AM
TAP



2026 TIMETABLE

GRADES 4-6

Please be aware that the timetable may be adjusted if required due to student enrolments or staff availability.

TUESDAY

4:00PM

CHEER & POM

4:45PM

MUSICAL THEATRE

5:30PM

HIP HOP

6:15PM

TAP

WEDNESDAY

7:30PM

TAP



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2026 PERFORMANCE SQUADS

MONDAY

4:00PM - 7:30PM
8YRS SQUAD CLASSES

4:00-8:30PM
14YRS SQUAD CLASSES

4:00-8:00PM
16YRS SQUAD CLASSES

6:00-8:45PM
OPENS SQUAD CLASSES

6:45-7:30PM
INTER ELITE SQUAD

TUESDAY

4:00PM - 7:30PM
10YRS SQUAD CLASSES

4:45-7:45PM
12YRS SQUAD CLASSES

7:30-8:15PM
JUNIOR ELITE SQUAD

WEDNESDAY

6:45-7:30PM
JUNIOR ELITE SQUAD

6:45-7:30PM
INTER ELITE SQUAD

THURSDAY

4:00-6:30PM
8YRS SQUAD CLASSES

4:00-7:15PM
10YRS SQUAD CLASSES

4:00-7:15PM
12YRS SQUAD CLASSES

5:45-8:45PM
14YRS SQUAD CLASSES

5:15-8:30PM
16YRS SQUAD CLASSES

6:30-9:00PM
OPENS SQUAD CLASSES

7:15-7:45PM
SQUAD CHEER & POM (AGES 8-12)

SATURDAY

9:45-10:30AM
5-6YRS SQUAD CLASS

5-6YRS SQUAD

CHEER & POM

8YRS SQUAD

12YRS SQUAD

16YRS SQUAD

JNR ELITE SQUAD

10YRS SQUAD

14YRS SQUAD

OPENS SQUAD

INTER ELITE SQUAD

THERE ARE DINNER BREAKS FOR SQUADS ON THEIR LONGER NIGHTS



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